You're My Cup of Tea

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Michelle Risley (UK) - October 2026

Music: You're My Cup of Tea - Lovibond May Rowanwood : (iTunes, Spotify & Amazon)

Intro: 16 counts (Start on Lyrics) Extra Bits: 1 Tag & 1 Restart
Choreographers Note: Choreographed especially for my Husband Matthew, who loves a cup of Tea. I even had our Wedding Cake made in the shape of a tea pot! Married 29/08/26 💝

S1: SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK RECOVER X2

1&2&	Step Right to Right side, cross Left behind Right, step Right to Right side, cross Right over Left
3-4&	Step Right to Right side, Rock back on Left, recover on Right
5&6&	Step Left to Left side, cross Right behind Left, step Left to Left side, cross Right over Left
7-8&	Step Left to Left side, rock back on Right, recover on Left

RESTART: (Did I put the kettle on!?) Restart here during Wall 9 facing 12:00

S2: SIDE TOGETHER FWD, SIDE TOGETHER BACK, SHUFFLE BACK, COASTER STEP

1&2	Step Right to Right side, close left next to Right, step forward on Right
3&4	Step left to Left side, close Right next to Left, step back on Left
5&6	Step back on Right, close Left next to Right, step back on Right
7&8	Step back on Left, close Right next to Left, step forward on Left

S3: HEEL STRUT, HEEL STRUT, ROCK FORWARD, RECOVER, ROCK BACK RECOVER X2

1&2&	Place Right heel forward, drop toes, place Left heel forward, drop toes
3&4&	Rock forward on Right, recover on Left, rock back on Right, recover on Left
5&6&	Place Right heel forward, drop toes, place Left heel forward, drop toes
7&8&	Rock forward on Right, recover on Left, rock back on Right, recover on Left

(Styling: Click your fingers on the toe struts forward)

S4: STEP PIVOT 1/2, STEP PIVOT 1/4, CROSS BACK, SIDE, CLOSE

1-2	Step forward on Right, pivot 1/2 Left (6:00)
3-4	Step forward on Right, pivot 1/4 Left (3:00)
5-6	Cross Right over Left, step back on Left
7-8	Step Right to Right side, close Left next Right

TAG: (Extra cup of tea!…) To be danced here at the end of Wall 3 facing 9:00 wall
CROSS BACK, SIDE, CLOSE

1-2	Cross Right over Left, step back on Left
3-4	Step Right to Right side, close Left next Right

ENDING:
During Wall 10 facing 3:00, dance up to and include count 4&. Then turn 1/4 Left on Left to face the front and close Right next to Left. Bring Left hand up to chest with palm of hand facing upwards, as though you are holding a "Cup Of Tea" bring your Right hand up to "pinch" as though you are holding the cup! Aaahhhh Cup Of Tea! 😊