

# Sweet Release

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**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Fred Whitehouse (IRE) & Shane McKeever (N.IRE) - February 2022

**Music:** Come Turn Me On - Casey Barnes

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**Intro: 16 Counts, Start at approx 8 secs**

**SEC 1: Heel & Heel & Heel, Hook, Shuffle, Step ½ Pivot**

1& Touch right heel forward, step right beside left  
2& Touch left heel forward, step left beside right  
3-4 Touch right heel forward, hook right over left  
5&6 Step right forward, step left beside right, step right forward  
7-8 Step left forward, pivot ½ right transferring weight onto right (6:00)

**SEC 2: Dorothy Step, Side, Weave, Cross Rock, Side Shuffle**

1-2& Step left to left diagonal, lock right behind left, step left to left diagonal  
3-4& Step right to right, step left behind right, step right to right  
5-6 Cross rock left over right, recover weight onto right  
7&8 Step left to left, step right beside left, step left to left

**SEC 3: Cross, Side, Behind, ¼ Turn Step, Step, ¼ Turn, Cross Shuffle**

1-2 Cross right over left, step left to left  
3-4 Step right behind left bending both knees, turn ¼ left step left forward (3:00)  
5-6 Step right forward, pivot ¼ left transferring weight onto left (12:00)  
7&8 Cross right over left, step left beside right, cross right over left

**SEC 4: Side, Touch, Side, Touch, ¼ Turn Step, ½ Turn Back, ½ Turn Shuffle**

1-2 Step left to left, touch right beside left  
3-4 Step right to right, touch left beside right  
5-6 Turn ¼ left step left forward, turn ½ left step right back (3:00)  
7&8 Turn ¼ left step left to left, step right beside left, turn ¼ left step left forward