

New Heart

Count: 32

Wall: 4

Level: Improver

Choreographer: Alexis Strong (UK) - June 2025

Music: New Heart - Crash Adams

#8 Count Intro- Start On Lyrics

[1-8] R ROCK BACK RECOVER HITCH L, FWD R SHUFFLE, L ROCK RECOVER L COASTER CROSS.

1-2 Rock Back R Hitch L (1) Recover Fwd L (2)
3&4 Step Fwd R (3) Close L (&) Step Fwd R (4)
5-6 Rock Fwd L (5) Recover Back R (6)
7&8 Step Back L (7) Close R (&) Cross L Over R (8)

[9-16] FIGURE OF 8 (LEADING TO R)

1-2 Step R To R (1) Cross L Behind R (2)
3-4 Make 1/4 Turn R Step Fwd R (3) Step Fwd L (4)
5-6 Make 1/2 Turn R Step Fwd R (5) 9:00 Make 1/4 Turn R Step L To L (6) 12:00
7-8 Cross R Behind L (7) Make 1/4 Turn L Step Fwd L (8) 9:00

**[17-24] STEP FWD R HOLD, BALL STEP FWD R HOLD, BALL STEP R ROCK RECOVER, WALK BACK R L.
(ADD A FWD BODY ROLL FOR STYLING)**

1-2 Step Fwd R (1) Hold (2)
&3-4 Close L (&) Step Fwd R (3) Hold (4)
&5-6 Close L (&) Rock Fwd R (5) Recover On L (6)
7-8 Walk Back R (7) Walk Back L (8)

[25-32] ROCK R BACK RECOVER, STEP PIVOT 1/2 TURN, DIAGONAL QUICK STEP TOUCHES FWD X4.

1-2 Rock Back R (1) Recover Fwd L (2)
3-4 Step Fwd R (3) Pivot 1/2 Turn L Step Fwd L (4) 3:00
&5&6 Step R Diagonal (&) Touch L To R (5) Step L Diagonal (&) Touch R To L (6)
&7&8 Step Diagonal R (&) Touch L To R (7) Step Diagonal L (&) Touch R To L (8)

Tag End Of Wall 10 Facing 6:00

Add A Backwards Rocking Chair Leading With R

Finish On Wall 12, Stomp R To R Facing The Front

ENJOY