Count: 48	Wall: 4	Level: Improver	
Choreographer: Neville Fitzgerald & Julie Harris (April 2015)			
Music: Better A	t My Worst by Th	ne McClymonts Album Here's to You & I (iTu	nes)

Starts ... 8 Counts vocals Sequence... 48, 48, 48, 40, 32, 32, 40, 40 to finish. S1: Side Together Forward, Side Together Back, Back, Back, Coaster Step. 1&2 Step Left to Left side, step Right next to Left, step forward on Left. 3&4 Step Right to Right side, step Left next to Right, step back on Right. Step back on Left as you sweep Right out, step back on Right as you sweep Left out. 5-6 7&8 Step back on Left, step Right next to Left, step forward on Left. S2: Out In Out, Behind & Cross, Out in Out, Behind 1/4 Side. Touch Right toe to Right side, touch Right toe next to Left, touch Right toe to Right side. 1&2 3&4 Cross step Right behind Left, step Left to Left side, cross step Right over Left. 5&6 Touch Left toe to Left side, touch Left toe next to Right, touch Left toe to Left side, 7&8 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step Left to Left side. (3.00) S3: Cross Rock Side Rock Cross Rock Side, Cross Rock Side Rock Cross Rock Side. 1&2& Cross rock Right over Left, recover on Left, rock Right to Right side, recover on Left. Cross rock Right over Left, recover on Left, step Right to Right side. 3&4 5&6& Cross rock Left over Right, recover on Right, rock Left to Left side, recover on Right. Cross rock Left over Right, recover on Right, step Left to Left side. 7&8 S4: Back Rock Side, Behind 1/4 Step, Mambo Step, Back Touch Step. 1&2 Cross rock Right behind Left, recover on Right, step Right to Right side. 3&4 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step forward on Left. 5&6 Rock forward on Right, recover on Left, step back on Right. Step back on Left, touch Right toe in front of Left, step forward on Right. **R** (6.00) 7&8 S5: Toe Heel Stomp, Toe Heel Stomp, 3/4 Walk Around .

1&2Touch Left toe slightly in front of Right, touch Left heel slightly in front of Right, stomp forward on Left.3&4Touch Right toe slightly in front of Left, touch Right heel slightly in front of Left, stomp forward on Right5-8Make 3/4 Circle to Left walking L-R-L-R . *R*

S6: Toe Heel Stomp, Toe Heel Stomp, Mambo Step, Coaster Cross.

- 1&2 Touch Left toe slightly in front of Right, touch Left heel slightly in front of Right, stomp forward on Left 3&4 Touch Right toe slightly in front of Left, touch Right heel slightly in front of Left, stomp forward on Right
- 5&6 Rock forward on Left, recover on Right, step back on Left.
- 7&8 Step back on Right, step Left next to Right, cross step Right over Left. (9.00)

Restarts:-

Walls 4&7 Dance up to and including count 40 section 5. Then restart from beginning.

Walls 5&6 Dance up to and including count 32 section 4. Then restart from beginning.

On the Last wall 8 you will finish with the 3/4 walk around extend the walk to walk back around to the front of the hall.