

# Good Old Lazy Days

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**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Bob Francis (UK) - February 2026

**Music:** Lazy Days - Dean Brody : (iTunes)

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**Intro: 16 counts Start on main vocals**

## **SEC-1 SIDE, TOGETHER, FORWARD SHUFFLE, X 2**

1-2 Step R to R side, Step L next to R.  
3&4 Step forward on R, Step L next to R, Step forwards on R.  
5-6 Step L to L side, Step R next to L.  
7&8 Step forward on L, Step R next to L, Step forward on L

## **SEC-2 FORWARD ROCK, SHUFFLE HALF TURN, FORWARD ROCK, COASTERSTEP CROSS.**

1-2 Rock forward on R, Recover on L.  
3&4 Step R to R side making  $\frac{1}{4}$  turn R, Step L next to R, Step forward on R making  $\frac{1}{4}$  turn R.  
5-6 Rock forward on L Recover on R.  
7&8 Step back on L Step R next to L, Cross L over R. [6-00] [resart 2]

## **SEC-3 SIDE TOGETHER, CHASSE R, CROSS ROCK, SHUFFLE QUARTER.**

1-2 Step R to R side, Step L next to R.  
3&4 Step R to R side, Step L next to R, Step R to R side.  
5-6 Cross Rock L over R, Recover on R.  
7&8 Step L to L side, Step R next to L, Step forward on L making  $\frac{1}{4}$  turn L. [9-00] [restart 1]

## **SEC-4 ROCKING CHAIR, CROSS, BACK, SWAY HIPS.**

1-2 Rock forward on R, Recover on L.  
3-4 Rock back on R, Recover forward on L,  
5-6 Cross R over L, Step back on L,  
7-8 Sway hips R, Sway hips L. [9-00]

**End on dance enjoy.**

**2 restarts in this dance**

**First restart wall 5 facing 3-00. Second restart wall 11 facing 12-00**