

# Dance It Up

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**Count:** 32      **Wall:** 4      **Level:** Improver  
**Choreographer:** Maggie Gallagher (Sept 2014)  
**Music:** What Dancin's For by Derek Ryan (iTunes)

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**Intro:**    On vocals

**S1: TOE STRUT, TOE STRUT, ROCKING CHAIR, WALK WALK, STEP ½ STEP**

1&2&      Step forward on right toe, Step down on right heel, Step forward on left toe, Step down on left heel  
**(Shimmy your shoulders on the toe struts when singer sings "shake it up")**  
3&4&      Rock forward right, Recover back left, Rock back right, Recover forward left  
5-6      Walk right, Walk left  
7&8      Step forward right, Pivot ½ left, Step forward right [6.00]

**S2: TOE STRUT, TOE STRUT, ROCKING CHAIR, WALK WALK, STEP ¼ CROSS**

1&2&      Step forward on left toe, Step down on left heel, Step forward on right toe, Step down on right heel  
**(Shimmy your shoulders on the toe struts when singer sings "shake it up")**  
3&4&      Rock forward left, Recover back right, Rock back left, Recover forward right  
5-6      Walk left, Walk right  
7&8      Step forward left, Pivot ¼ right, Cross left over right [9.00]

**S3: SIDE TOUCH, SIDE TOUCH, SIDE TOG FORWARD, SIDE TOG FORWARD, R MAMBO**

1&2&      Step right to right side, Touch left next to right, Step left to left side, Touch right next to left  
**Restart Wall 3**  
3&4      Step right to right side, Close left next to right, Step forward right  
5&6      Step left to left side, Close right next to left, Step forward left  
7&8      Step forward on right, Rock back on left, Step right next to left [9.00]

**S4: RUN BACK L R L, R COASTER, ¼, ¼, ½ L SHUFFLE**

1&2      Run back left, right, left  
3&4      Step back right, Step left next to right, Step forward right  
5-6      Turn ¼ left stepping left forward, Turn ¼ left stepping right forward [3.00]  
7&8      Turn 1/4 left stepping left forward, Step right beside left, Turn 1/4 left stepping left forward [9.00]

**RESTART: Wall 3 after count 18 (facing 3.00)**

**TAG 1: End of Wall 6 (facing 6:00)**

1&2&      Stomp out right, HOLD, Stomp out left, HOLD

**TAG 2: End of Wall 7 (facing 3:00)**

1&      Cross right over left, HOLD & click fingers  
2&      Step back on left, HOLD and click fingers  
3&      Step right to right side, HOLD and click fingers  
4&      Step forward on left, HOLD and click fingers  
5&6&      Stomp out right, HOLD, Stomp out left, HOLD